



HCT

Progressive, Innovative & Interactive Training



Basic First Aid including poisoning and CFR

www.hctlearning.ie



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Hughes Consultancy & Training

Unit 2, Purcellsinch Business Park
Dublin Road
Kilkenny

Tel: +353 (0)56 777 0761

Email: info@htlearning.ie

Web: www.htlearning.ie



Basic First Aid including poisoning and CFR

Programme aim: This programme has been designed to help enable participants to develop the knowledge and skills necessary to respond to and assist at any medical or trauma incident and to provide CPR. To equip learners with knowledge of First aid to be able to assess a situation and carry out the appropriate actions needed.

Participants of this programme will:

Learning outcomes- Basic First Aid including poisoning and CFR (Community First Response PHECC- Pre-Hospital Emergency Care)

Understand the aims of first aid

- Assess situations and carry out appropriate actions (including informing the emergency service)
- Administer cardiopulmonary resuscitation (CPR)
- Administer first aid safety to a casualty who is unconscious including placing them in the recovery position
- Administer first aid safety to a casualty who is choking
- Administer first aid safely to a casualty who is wounded or bleeding
- Administer first aid safely to a casualty who is in shock
- Provide appropriate treatment for minor injuries
- Take appropriate action in the event of other illnesses
- Types of poisoning
 - Swallowed, Alcohol, Carbon Monoxide
- Signs and symptoms of poisoning
- When to call for help
 - Do you need to call 911 or hotline or treat?
 - Numbers to call (911, Poisons hotline)
- If help needed, what to do while waiting for help to arrive
 - Treat/recovery position
- How to treat person who has been poisoned
- Reporting/Recording

Certification:

- ◆ HCT Certificate of attendance
- ◆ PHECC Cert- CFR- valid 2 years- CFR Community Card (PHECC)

Please note that under legislation depending on the staffing size of the place of work or any specific hazards in that workplace following an appropriate risk assessment- A Trained First Aider must be on site or provided by that workplace. This person is known as a First Aid Responder. To become a first aid responder the individual must complete a First Aid Response Programme (FAR-PHECC) certification with this

Duration	1 day
Credit Allocation	25 Credits
Programme Breakdown	Morning session: Basic First Aid / to include poisoning Afternoon Session: Cardiac First Responders (CFR-PHECC)
Total numbers per programme:	Max/Min 6 Learners

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