



# HCT

Progressive, Innovative & Interactive Training



## Emergency Action Plan and Manual Handling



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## Emergency Action Plan and Manual Handling

**Programme aim:** This programme has been designed to help enable participants to develop the knowledge and skills necessary to respond to an emergency action plan in the event of an emergency focusing on emergencies arising from fire/chemical/pesticide mishandlings/spills. The programme also aims to deliver manual handling training for participants which will be valid for 3 years.

### Certification:

- ◆ HCT Certificate of attendance

### Participants of this programme will:

#### Learning outcomes-

1. Emergency Action Plan (EAP) components
2. EAP development, policies, and procedures
3. Natural and man-made emergencies with a focus on fire, chemical and pesticide related emergencies
4. Evacuation routes and assembly areas
5. EAP Preparation and Prevention
6. EAP training and drills and plan review
7. Management duties and responsibilities
8. Plan administrator duties and responsibilities
9. Evacuation warden duties and responsibilities
10. Employees duties and responsibilities
11. Legal aspects of manual handling
12. Your back/how it works and what can go wrong
13. Good back care
14. Ergonomics
15. Manual handling assessment
16. Principles of safer handling

Duration	1 day
Credit Allocation	25 Credits
Programme Breakdown	<b>Morning session:</b> Creating and Following an Emergency Action Plan <b>Afternoon Session:</b> Manual Handling

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